

PRINCIPAL EXAMINER'S REPORT



BOTSWANA
EXAMINATIONS
COUNCIL

JCE PHYSICAL EDUCATION

2021



Paper 1

Section A

Question 1

Most candidates were coming up with specialists instead of careers.

Question 2

Most candidates were able to come up with functions of the skeleton.

Question 3

- (a) Most candidates seemed to know the answers but attached prefixes to their answers, i.e. soccer tournaments, playing badminton.
- (b) Most candidates did not manage to distinguish sport from other activities such as game, recreation. Some candidates addressed the question well.

Question 4

- (a) The question was fairly done as some gave correct answers.
- (b) A fairly answered question by most candidates.
- (c) Most candidates came up with challenges but failed to show how overcoming challenges improves self-esteem.

Question 5

- (a) A very well answered question by most candidates.
- (b) Most candidates came up with correct answers as they gave ways on how to play the game.

Question 6

A considerable number of candidates did well on the item.

Question 7

Most candidates answered the item well but some candidates came up with factors but not focusing on the youth.

Question 8

- (a) Most candidates answered the item well even though some named gymnastics.
- (b) Most candidates explained the component given in 8(a).

Question 9

Most candidates answered the question very well.



Question 10

- (a) This question was not answered well to the extent that some candidates stated training principles.
- (b) Candidates showed lack of understanding on the training activity. Some came up with skills not relevant to volleyball. Some candidates managed to come up with the correct skill but failed to plan drills and game situation.

Question 11

Some candidates did not focus on sprints only but came up with answers such as aerobic or oxygen use which was not relevant to sprints.

Question 12

- (a) Most candidates answered the question well but some wrote different types of injuries such as open fracture.
- (b) Well answered question but some candidates listed items of the First Aid box.

Question 13

Most candidates stated increased heart rate; some gave effects of respiratory system or long term effects of exercise.

Question 14

Almost all candidates answered the item well but some gave HRF components.

Question 15

A good percentage of candidates did well on the item, while some gave types of muscle fibres or any parts of the body.

Question 16

Most candidates were challenged by the item as they failed to come up with two effects.

Question 17

Most candidates wrote about how technology improved physical activities but did not focus on officiating.

Question 18

Most candidates did not answer the question well as most were able to give one factor but failed to give three.



Section B

Question 19

- (a) Well done by almost all candidates..
- (b) Most candidates failed to use the information on the graph.
- (c) Most candidates gave positive effects of exercising.
- (d)
 - i. most candidates did well on the item.
 - ii. Candidates gave HRF components or positive effects of exercise but did not focus on muscles.

Question 20

- (a) Most candidates came up with the type of synovial joint or naming an example of joint.
- (b) Common answers were backward and forward movements. Only a few managed to write extension and flexion.
- (c) Candidates mentioned bones of the arms or types of bones.
- (d) Most candidates did not do well as they came up with how muscles work not antagonistic action.
- (e) Common answers included sit and reach, and one leg stand.
- (f) Most candidates answered the question very well.